

April 8, 2020

St. Louis County Department of Public Health COVID-19 Update

National Guard Assistance

The Missouri National Guard will be arriving in our area soon. Today, the St. Louis County Executive's Office, in partnership with the Department of Public Health (DPH), the St. Louis County Police Department's Office of Emergency Management (OEM), and local hospitals, requested the assistance of the National Guard in the COVID-19 response. The duties of the Guard will include support staffing at testing sites, medical buildings, and other facilities at this time. Their attention will be focused on securing and supporting. The Guard is not here for any enforcement action of the Stay at Home Orders.

Substance Abuse During a Pandemic

Everyone reacts differently to stressful situations. Some of our friends and family members that might be more susceptible to the increased use of alcohol, tobacco, or other drugs may need more assistance. Those that have support networks based on interacting with others, peer groups, and meetings will have to identify and utilize other options as we respond to this pandemic. There are many service-providers that are providing valuable and free support online.

- Contact Behavioral Health Response (BHR): 314-469-6644 or <http://bhrstl.org/>
- Mid-Missouri Crisis Line: Text "HAND" to 839863
- The ARCHway Institute: <https://thearchwayinstitute.org/>
- National Alliance on Mental Illness (NAMI): 314-962-4670 or <https://www.namistl.org/online-programming/>
- We Connect Health Management: <https://www.weconnectrecovery.com/>
- Smart Recovery: <https://tinyurl.com/ue9yp5a>
- In the Rooms: A Global Recovery Community: <https://www.intherooms.com/home/live-meetings/>

Contact Information

The Missouri Department of Health and Senior Services hotline can be reached at (877)435-8411.

St. Louis County has created a website dedicated to the dissemination of information relating to COVID-19, www.stlcorona.com. Please visit that website or those belonging to the Center for Disease Control (CDC) or the World Health Organization (WHO) for the most current and reputable information.



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